



Sports, Cultural and Recreation Facilities

“A healthy body, a creative mind, and a joyful campus go hand in hand.”

BEHARA College of Engineering and Technology provides comprehensive infrastructure to promote cultural activities, sports, games, physical fitness, and holistic well-being of students. Sports and extracurricular activities are integrated into the academic framework through compulsory core courses and a continuous evaluation system, ensuring active student participation not only for recreation but also for assessment and overall development. Adequate facilities are available for outdoor and indoor games, yoga, and physical fitness, encouraging a healthy balance between academics and co-curricular engagement.

Outdoor Sports Facilities

The campus houses well-maintained courts and grounds for a wide range of outdoor sports and traditional games. These facilities support both regular practice and competitive events at institutional and inter-collegiate levels.

Outdoor Games Courts

Sl. No	Game	Court Size	Number
1	Volleyball	18 × 9 m	3
2	Cricket	110 × 90 m	1
3	Kabaddi	13 × 10 m	1
4	Kho-Kho	29 × 16 m	1
6	Shuttle Badminton	44 × 20 ft	1
7	Throw Ball	18 × 12 m	1

The volleyball courts conform to international standards with proper net height for men and women. The cricket ground provide ample space for full-scale matches and training sessions. Traditional Indian games such as Kabaddi and Kho-Kho are actively promoted to preserve indigenous sports culture and enhance teamwork, agility, and endurance.

Facilities for throw ball, badminton, and tennis further broaden opportunities for student participation in diverse sporting activities.

In addition to team sports, BCET provides dedicated infrastructure for athletic events. The athletics area includes facilities for **long jump and triple jump** with properly prepared run-up tracks and landing pits to ensure safety and effective practice. **Shot put, discus throw, and javelin throw** facilities are available with designated throwing zones and safety clearances, enabling students to train in strength, coordination, and technique. These athletics facilities support regular practice sessions, internal competitions, and participation in inter-college events.



Indoor Games Facilities

BCET also provides indoor games facilities that encourage strategic thinking, concentration, and recreational engagement, especially during non-playing seasons.

Indoor Games

Sl. No	Game	Boards/Tables
1	Table Tennis	2
2	Carrom	6
3	Chess	6

Table tennis facilities support fast-paced play and reflex development, while carrom and chess promote precision, planning, and cognitive skills. These indoor games are widely used by students during leisure hours and for organized competitions.



Yoga Centre

The Institution has established a dedicated Yoga Centre to promote physical fitness, mental well-being, and emotional balance among students and staff. The centre follows the principles of yoga as a holistic practice aimed at harmonizing body, mind, and environment through asanas, breathing techniques, and relaxation practices.

Regular yoga sessions contribute significantly to stress reduction, improved concentration, and a healthy lifestyle, complementing academic and sports activities on campus.

Cultural Activities

BEHARA College of Engineering promotes cultural activities as an essential part of holistic student development alongside academics. Various cultural programs are organized throughout the academic year to encourage creativity, confidence, and social interaction among students. Events such as annual cultural festivals, traditional day celebrations, national festivals, and inter-college cultural competitions provide platforms for students to showcase their talents in music, dance, drama, and fine arts.

Celebrations of national and regional festivals help inculcate cultural awareness, unity, and respect for diversity. Students actively participate in organizing and managing these events under faculty guidance, which enhances leadership, teamwork, and organizational skills. The Cultural Committee plays a key role in planning and executing activities, ensuring inclusive participation from students of all backgrounds.

Through these initiatives, the institution creates a vibrant campus environment that supports cultural expression, emotional well-being, and overall personality development, preparing students to become socially responsible and culturally sensitive individuals.

